Free Throw Contest July 9 , 2022

Contest Begins at 12:00pm, Bruno Melini Park. 616 Central Ave Minotola, NJ 08341. Please line up and register at the table outside of the Basketball court.

A. Entries

 1. No advance entry is necessary-enter on site.

 2. Once competition starts, entries will be closed.

 3. Competition will begin youngest ages to oldest.

B. Equipment

 1. Basketballs will be provided by The Borough of Buena Recreation Commission

C. General Rules

 1. Participants are given two practice attempts before the start of the qualifying round.

 2. The participant must let the checker know when she/he is ready to begin.

 3. The count begins when the first shot is taken and ends at the whistle.

 4. All free throws must be attempted from behind the free throw line (15 feet) and inside the circle

 5. Each participant will have 90 seconds to get as many balls in the hoop as possible.

 6. In the event of a tie, there will be a shoot off. Participants will start a new round to determine a winner.

 7. Two practice attempts are allowed before the final round begins. The final round count begins when the first shot is taken and ends at the whistle.

 E. Eligibility

 1. Participants should be aware that there is a risk of injury in participation of intramural sports. Individuals participate in intramural sports at their own risk.

Age Brackets:

Group #1 – Age 5-7

Group #2 – Age 8-10

Group #3 – Age 11-13

Group # 4 – Age 14-18

Group #5 – Age 19 and up